

Hello from The Herbarie!

I hope this newsletter finds you well and happy this New Year. We've been enjoying the relatively quiet month of January at the farm and have allowed ourselves to indulge in peaceful walks in the woods and reading by the fire....a luxury that we can't afford as often in the summer-time with our gardening! This is the time also to bring out the seed and vegetable catalogs and dream of those roses blooming in the spring!

We are, however, quite busy in the workshop---lots of experimenting with exciting new ingredients and formulas! We are also making a few changes on our website that hopefully will make it easier to navigate. Our online Catalog has a complete listing of all our ingredients/products by category. <http://www.theherbarie.com/online-herb-catalog.html>
The new categories are as follows:

- Botanical Extracts and Proteins
- Distillates and Extracts
- Dried Botanicals
- Emulsifiers, Emollients, Conditioners, and Thickeners
- Essential Oils
- Preservatives and Antioxidants
- Surfactants and Surfactant Concentrates
- Other Ingredients
- Kits

Throughout 2003 we plan to offer many new and interesting products that will include more emulsifiers, emollient esters, surfactant concentrates, vitamins and botanical extracts. The first of these new products can be found within our online Catalog.

NatraMulse.....a truly unique and exciting new-to-the-market self-emulsifier. This product is not only an excellent emulsifier for creams and lotions, but will appeal to those who prefer 'as natural as possible products'. NatraMulse will also soften and condition skin and leave a velvety feel. NatraMulse is quickly becoming one of my favorites!

Glyceryl Stearate - an emulsifier with an HLB value of 3.8. It can be used alone in a water in oil emulsion or in combination with another high HLB emulsifier, such as Polysorbate 20 to create an oil in water emulsion.

GuarSilk.....derivative of guar gum that is highly substantive to hair and skin. THE ingredient for a conditioning shampoo! Leaves hair soft, silky, and full of body. GuarSilk is used in small amounts...no more than 1.5% in most formulations. In hair care, it is typically used around 0.5%. In skin care, around 0.3%. GuarSilk is also a friend to the formulator...in addition to its superior conditioning qualities, it also increases viscosity and stability in formulations. In some shampoo formulations, GuarSilk can serve as the sole thickening agent. GuarSilk is water soluble.

EmEster - our exciting, new emollient ester provides a light, non-greasy feel to emulsions, bath oil, massage oil, gels, conditioners and shampoos. Non-comedogenic, non-sensitizing--a nice alternative for those who are sensitive to vegetable oils.

dl Panthenol - also known as Pro-vitamin B5 and called "the beautifier".

dl Panthenol strengthens and conditions hair and is a very effective moisturizer for both hair and skin.

VenaSilk----for those of us who love oats and everything about oats! VenaSilk is hydrolyzed oat flour and comes in a powder form. It is water soluble and can be added to creams, lotions, shampoos, body wash and more! VenaSilk will provide emolliency and a soft feel in formulations, as well as improve stability.

We are also pleased to share some of our new formulas that are not yet on our site. These formulas are created using percentages and are designed for use by weight, rather than fluid volume or dry measure. So the same formula can be used to make a 250 gram batch...500 gram batch....or as much as desired. I recommend starting with 250 or 500 gram batches.

We offer some tips in our Library on making emulsions.
<http://www.theherbarie.com/herb-library.html>

In our Formulary, there are examples of other formulas.
<http://www.theherbarie.com/herbarie-formulary.html>

We hope you will enjoy these formulas as much as we do!!

Silky Vena Lotion

EmEster and VenaSilk give this lotion a light, elegant feel. The Conditioning Emulsifier is a cationic self-emulsifier that serves as the sole emulsifier and provides conditioning with a silky feel.

Part A:

Conditioning Emulsifier 5%
EmEster 5%
Shea Butter 1%

Part B:

Glycerin 2%
Hydrolyzed Soy Protein 2%
VenaSilk 1%
Distilled Water 83.7%

Part C:

Liquid Germall Plus 0.3%

Weigh and combine all ingredients in Part A. Set aside. Weigh total amount of distilled water from Part B. Heat distilled water to 180F, add VenaSilk and blend well. Add glycerin and Hydrolyzed Soy Protein to VenaSilk solution. Heat Part A to 175F. Add Part A to Part B at 175F and mix with a high shear type blender (stick blender) until emulsion begins to cool. At 120F or less, add Liquid Germall Plus and mix well. If you choose to add any fragrance or essential oils, they would be added at the same time as the Liquid Germall Plus. Geranium and Clary Sage are two of my favorite essential oils, because of the uplifting and balancing scent and the skin care qualities.

Pam's Avena Shower Foam

This shower foam was created by Pam Ingle of Nymphaea Soaps, Etc -- thank you, Pam! The formulation works perfectly in the "foamy bottles". The Cocobetaine/Lactylate Surfactant Blend is a gentle cleanser for all skin types. The VenaSilk and Hydrolyzed Oats are an excellent combo to soothe and moisturize skin. We think this one is a winner! Foamy bottles can be found at Chandler's Soaps. www.chandlerssoaps.com

Cocobetaine/Lactylate Surfactant Blend 14%
VenaSilk 1%
Hydrolyzed Oats 1.5%

Distilled Water 82.2%
Lavender eo 1%
Liquid Germall Plus 0.3%

Heat distilled water to 175-180F, add VenaSilk, blend well (stickblender). Add Hydrolyzed Oats and Cocobetaine/Lactylate Surfactant Blend to solution and gently blend. When mixture cools to 120F or less, add Lavender eo and Liquid Germall Plus and mix gently. Pour into foamy bottles.

These formulas are designed as a guide for you to use in your own creations. We encourage you to follow your own preferences and instincts to adapt the formulas as you choose. If you have any ideas, formulas or comments that you would like to share in the next newsletter, please let me know. We can all learn from one another and at The Herbarie we strive to be open to the possibilities! I came across a quote the other day that I found to be a wise and inspirational thought for the new year. It is from "When the Night Bird Sings", by Joyce Sequichie. She says, "Plan for good...Open your mind and spirit to new understanding and new ability to overcome any problem...What appears to be impossible may be the wall you can only see from your present stance...Be constant to your goals, show gratitude...and one day you will look back and wonder why you ever doubted."

We wish you a very good 2003 and a February filled with all that is most dear to your heart.

Angie Turner
The Herbarie at Stoney Hill Farm, Inc.
www.theherbarie.com

The Herbarie Update is designed for those who would like to receive occasional information about special sales, new products, new formulas, etc. If you do not wish to receive the newsletter, simply click on reply, type 'unsubscribe' in the subject area, and send. You will then be automatically removed from The Herbarie mailing list.

The Herbarie provides information that has been gathered from a variety of sources, including our own personal experience, current research and technical data. We strive to be accurate in our descriptions, but encourage clients to use this information as a starting point to begin your own research. The Herbarie is not liable for misuse of our products or information.