



THE HERBARIE FORMULARY

The Spa - Body Polish, Scrubs & Smoothers for the Shower

Rose Geranium Sugar Smoother

We are featuring two new products -- AquaEm™ and Sodium Stearoyl Lactylate (SSL) that work beautifully in this thick and creamy formula. SSL provides light foaming and cleansing while conditioning skin. SSL also provides this formula with body and texture. AquaEm functions as a water-soluble emollient that enhances the overall feel and functionality of this formula. The sugar in the formula acts as an exfollient which will leave skin feeling soft and smooth. This formula is now a favorite!

Part A	Ingredient	Amount	
	SSL	15.0%	= 75 grams
	EmBlend CA20	10.0%	= 50 grams
	AquaEm	10.0%	= 50 grams
	Calendula Extract o/s	2.0%	= 10 grams
	Olive Squalane	1.0%	= 5 grams
	Covio-Ox T-50	1.0%	= 5 grams
	Rice Bran Oil	59.0%	= 295 grams
Part B			
	Optiphen	1.0%	= 5 grams
	Rose Geranium Essential Oil	1.0%	= 5 grams
	Total	100%	= 500 grams

*Sugar 500 grams = about 1 cup sugar

Procedure: Heat Part A until all solids are melted. Remove from heat. Stir continuously until mixture begins to solidify-I use a mixer (the type for mixing cake batter). When mixture is cool (less than 50C/122F), add Part B. Mixture will continue to cool and begin to solidify. I sometimes place the pot into a container of cold water to speed up the cool-down process, but continue to stir/mix as it is cooling. Add sugar and continue to mix. *Please note: The sugar is not calculated as part of the formulation. It is added at a 1/1 ratio (by weight) to the formulation, which in this case would be 500grams or approximately 1 cup.

A few notes:

- This formula can be used as a gentle facial cleanser with or without the sugar as the exfollient.
- Jojoba Spheres or another exfollient can be substituted for the sugar.
- Please remember to use caution when using scrubs or body polish in the shower as the oils can make the bathtub very slippery.
- Since oils/butters/fats will melt together, no emulsifier is needed to make the scrub
- AquaEm enhances the feel of the scrub by providing a "linkage" with the oils and the water from the shower to rinse off/leave on just enough oils so that it will not be too greasy.

This information is to demonstrate how The Herbarie products can be utilized. Our information is based on our own research and is believed to be accurate. We assume no liability for misuse of our products or data and we urge our purchasers to do their own testing to ensure the products meet their own specifications.

The Herbarie at Stoney Hill Farm, Inc., Prosperity, SC 29127
www.theherbarie.com