



THE HERBARIE FORMULARY

Body Care - Creams

Rose Silk Cream (Recipe)

Our luscious Rose Silk Cream offers a silky smooth feel with the exquisite scent of Rose Otto. This formula is based on our natural emulsification and conditioning system that includes Sodium Behenyl Lactylate (SBL), Behenyl Alcohol, Stearic Acid and VenaSilk. We have combined our natural emulsification system with Shea Butter, Meadowfoam Oil, Jojoba Oil and our Calendula Extract OS for optimum skin softening, conditioning and moisturization. Herbarie Rose Hydrosol is utilized as the entire water phase in this formulation. Our Rose Otto Essential Oil 10% in Fractionated Coconut Oil is excellent for dry or aging skin and lends a lovely scent to this exquisite, skin-nourishing and all-natural cream.

This easy, but luxurious recipe will make 250 grams or approximately 8 oz. of cream.

| Ingredient | Percentage/Weight/Measurement |
|---------------------------------|--|
| Part A | |
| Rose Hydrosol | 69% = 172.5 grams = $\frac{3}{4}$ cup + 1 tblsp. |
| VenaSilk | 2.0% = 5 grams = 1 tblsp. |
| Glycerin | 1.0% = 2.5 grams = $\frac{1}{2}$ tsp. |
| Part B | |
| Sodium Behenoyl Lactylate (SBL) | 2.0% = 5 grams = 2 $\frac{1}{2}$ tsp. |
| Behenyl Alcohol | 2.0% = 5 grams = 2 $\frac{1}{2}$ tsp. |
| Stearic Acid | 2.0% = 5 grams = 2 $\frac{1}{2}$ tsp. |
| Shea Butter | 12.0% = 30 grams = 2 tblsp. |
| Meadowfoam Seed Oil | 1.0% = 2.5 grams = $\frac{1}{2}$ tsp. |
| Jojoba Oil | 2.0% = 5 grams = 1 $\frac{1}{2}$ tsp. |
| Calendula Extract OS | 3.0% = 7.5 grams = 1 $\frac{1}{2}$ tsp. |
| Part D | |
| Optiphen | 1.0% = 2.5 grams = $\frac{1}{2}$ tsp. |
| Rose Otto 10% FCO | 3% = 7.5 grams = 2 tsp. |
| Total: | 100% = 250 grams = approx. 8 oz. |

Part A: Combine Glycerin and VenaSilk and set aside. Heat Herbarie Rose Hydrosol to 170 - 175F. Add VenaSilk/Glycerin to heated hydrosol and mix (whisk or mini-mixer or stickblender).

Part B: Combine ingredients and heat to 175F. Add Part A to B with mixing (whisk or mini-mixer or stickblender). Cool to 50C/122F (or less) with mixing (switch to whisk or stir tool), add Part D and mix well with whisk or stir tool until completely cool.

Notes:

-Optiphen can be added to the water phase, but may disrupt the formulation. We have better success when adding it to the cool-down phase.

-High shear mixers such as a stick-blender can be used to create a thicker cream. Our Mini-mixer can be used for tiny batches of 250g (approx. 8 oz) or less. Propeller mixers or beaters or a hand-held whisk can be also be used to make this recipe.

The Herbarie formulas were created to demonstrate how our products can be utilized. This information is based on our knowledge and experiences and is believed to be accurate. We assume no liability in regards to these formulas and information. We urge our customers to do their own testing to ensure the products meet their own specifications.

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