



THE HERBARIE FORMULARY

Body Care - Cleansers

Luscious Bubbles Shower Gel (Recipe)

Naturally derived Jordapon ACI 30G and Cocoamidopropyl Betaine provide luscious foam and gentle cleansing in this clear, gelled formula. Raspberry Dimethicone WS is highly substantive, water soluble emollient. Glucamate LT thickens and Optiphen ND preserves this formula. Lavender Essential Oil provides a fresh, clean scent.

Luscious Bubbles Shower Gel is an easy to make, cold mix formula. This elegant formula is perfect for first-time or experienced formulators. Please note that our formulas are created using percentages and calculated by weight which is always best and most accurate. We have calculated a 250gram batch for this formula. In addition, we have provided approximate fluid/volume measurements for those who do not yet have a scale.

Ingredient	Percentage	Weight	Measurement
Part A			
Jordapon ACI 30G	30%	75 grams	= 5 tablespoons
Cocoamidopropyl Betaine	10%	25 grams	= 2 + 1/2 teaspoons
Distilled Water	51.5%	128.75grams	= 1/2 cup + 2 tablespoons
Part B			
Raspberry Dimethicone WS	3%	7.5 grams	= 1 + 1/2 teaspoon
Optiphen ND	1%	2.5 grams	= 1/2 teaspoon
Lavender Essential Oil	1%	2.5 grams	= 1/2 teaspoon
Part C			
Glucamate LT	3.5%	8.75 grams	= 1 + 1/2 teaspoons

- Combine Part A ingredients and set aside (400ml Tri-pour Beaker is useful).
- Combine Part B ingredients in a separate container with gentle mixing (porcelain dish is useful) and add to Part A.
- Slowly add Part C to combined PartAB with gentle stirring (wire whisk and nylon spatula are useful). Shower Gel will thicken into a gelled consistency.
- Package in a bottle with a pump or dispensing cap.

Formulating Tips:

- Surfactants may need to be warmed slightly if cooler than room temp. If so, combine Part A ingredients and warm to approx. 100F. Then continue with formula.
- If finished product is not thick enough, more Glucamate LT can be added.
- For this formula, we are utilizing Raspberry Dimethicone WS as an emollient AND a solubilizer. For best results, premix Raspberry Dimethicone with Lavender Essential Oil and Optiphen ND.

This information is to demonstrate how The Herbarie products can be utilized. Our information is based on our own research and is believed to be accurate. We assume no liability for misuse of our products or data and we urge our purchasers to do their own testing to ensure the products meet their own specifications.