

Greetings From The Herbarie!

October 8, 2004

Dear Friends,

Fall is here and it is a cerulean day! I just got back from my walk and feel so inspired! Just because it is a gorgeous day and just because I am alive to see it and feel it. It is that kind of blue sky that takes your breath away—a special time of year. A feeling of fleeting beauty. A gift to cherish.

Yes, all the familiar signs of fall in the south are here. The clear blue skies, cool mornings, changing leaves, the scent of tea olive and ginger lily. Even though I have lived through enough seasons to expect the changes, I am always a bit surprised by them and they catch me off guard. The leaves are turning colors--losing color--and falling to the ground. The first leaves to change are the sweetgum and tulip trees and the dogwood and redbud. I am reminded of a story told to me by a dear friend. It is a story for children by Leo Buscaglia called *The Fall of Freddie the Leaf*. The story is about why we are here and how change, death and rebirth are a part of life; and if we are willing, there is much to be gained through the experience. But even though we know this to be true, we often resist the changes. It is important to realize that life is never static, seasons come and go. These changes remind me to appreciate this particular moment of existence.

I am pleasantly surprised that our hummingbirds are still here! Well, I know at least one of them is still here since he has been visiting the feeder outside my window. I have not seen more than one at a time for a couple of weeks, so now I wonder if he is the only one left in this area. I have been marking the calendar since the beginning of October to note each time I see a hummingbird and think each time may be the last until next spring. For several weeks they were guzzling the sugar water from their feeders and I knew they were preparing for their long journey further south. I will miss the feisty little rascals and will look forward to their return next spring.

Our clan of cardinals is still claiming the seed feeders in the garden outside my window. The young males that earlier in the summer were raggedy-looking, now have their brilliant red colors! The cardinals always come to the feeder in a group and look to me like they are having so much fun playing in the garden! They amuse us with their antics and will be here all winter long to keep us company.

As the summer passes, the fall blooming plants take center stage. The roses enjoy the cooler weather and along with camellia sansanqua, golden rod (*Solidago virgauria*), ginger lily (*Hedychium coronarium*) and tea olive (*Osmanthus fragrans*), always give us a lovely autumn bloom. Our muscadines (*Vitis rotundifolia*) have produced well this season and we have made several batches of Muscadine and Pineapple Sage Jam. The jam is good on biscuits or toast and is one of our family favorites! We also have some tomatoes that are still on the vine, so this is a great time for fried green tomatoes! Yummy!

Also, I am pleased to report that I have harvested a bit of red okra! It is delicious! Last year, Beth, a fellow southerner and friend, suggested that I grow a new variety of red okra. With our move this summer, our planting time was delayed. Okra is not hardy and will die at the first frost, but fortunately we made it! We have really been enjoying this southern delicacy! Thank you, Beth!

We have been busy building new garden beds, planting our fall cover crops and setting out new plants and trees. The rose cuttings that I rooted last fall are now ready for planting in the garden—Mrs. BR Cant, Monsieur Tillier, Marie Van Houtte, and Crepuscule. I plan to take some more cuttings of my favorites to root over the winter. My Dorsey rose is a gorgeous crimson, very fragrant, disease resistant, 'found' rose. It could be the variety called Don Juan, but I am not certain. I obtained the cutting from the garden of an avid rose grower named Dorsey and it was named in his honor. The seedlings of clary sage, angelica, and chamomile are ready to set out too. As usual, I have been gathering seed from my zinnias and other annuals to sow again next summer. I have also been putting my perennials to bed for the winter with a nice thick layer of mulch; we will wait until spring to prune the perennials.

Today the sky sings a sonnet to the trees! That clear, heavenly, azure blue sky---a beautiful fall day here at Stoney Hill Farm.

New Products!

We have several new products to share with you this fall. Our first additions are:

Crodamol STS™
Cromollient SCE™
Baby Blend Concentrate (BBC)™
Optiphen™

You can click on the link below to view all our new products:

[New Products](#)

Crodamol STS™

Croda's new multi-functional emollient ester provides a silicone-like shine and feel to formulations. This silky, light emollient is suitable for lotions, creams, shampoo, hair conditioners, hair styling products, lipsticks, lotion bars, bath oil.

- Non-volatile
- Elegant, soft smooth feel
- Shine/gloss enhancer for hair
- Foam Stabilizer/Emulsion Stabilizer
- Wide Compatibility with Ingredients

- Oil Soluble
- Alcohol Soluble
- Insoluble in Water

[Crodamol STS™](#)

Luxurious Lotion with STS

We are featuring the new emollient ester from Croda in this luxurious lotion formula. Crodamol STS™ enhances the overall feel and stability of this elegant emulsion. Another light emollient, Olive Squalane provides a silky feel. BTMS-50 is a cationic self-emulsifier that is very substantive to hair and skin. All ingredients work together to make a light, but conditioning lotion with an elegant and luxurious feel.

You can click below to see our formula:

[Luxurious Lotion with STS](#)

Cromollient SCE™

Cromollient SCE™ is a multi-functional product that is manufactured by Croda Inc. It offers unique emolliency to products such as body washes, facial cleansers, dispersible bath oils, and shampoos, particularly baby shampoos.

I have recently been using it as part of a solubilizing blend for body mist. It can also be used as the solubilizer for a light, leave-on hair conditioner. I love Cromollient SCE in my bath oil blend! This one is a winner!!

- Water Dispersible
- Soluble in most vegetable oils
- Soluble in many emollient esters
- Surfactant Soluble
- Alcohol Soluble
- Silky Emollient
- Detangler/Slip Enhancer

[Cromollient SCE™](#)

Silky Soft Bath with SCE

Elegant and easy. The Herbarie Silky Soft dispersible bath oil blend with skin conditioning emollients Olive Squalane, Jojoba Oil, Crodamol STS, and Cromollient SCE. Due to the exceptional qualities of Cromollient SCE, these oils will easily disperse into the bath water to soften skin, but will not leave an oily film in the bathtub. Any skin safe essential oil or fragrance oil can be substituted.

Olive Squalane 20%
Jojoba Oil 20%
Crodamol STS 19.75%
Fractionated Coconut Oil 20%
Cromollient SCE 20%
Clary Sage Essential Oil 0.25%

Total 100%

Combine all ingredients, blend and package in a dispersible bottle. Use in bath as desired.

This anhydrous formula does not contain any added preservative because it is not necessary when packaged as recommended.

Most vegetable oils and emollient esters can be substituted successfully in this formula. The percentages of oils and esters can be varied as well. More or less of the Cromollient SCE will effect how the oils are dispersed or solubilized into the bath water. For more solubilization, an emulsifier, such as polysorbate 20 or 80 can also be used.

Baby Blend Concentrate (BBC)™

The Herbarie's exceptionally mild BBC™ surfactant blend was created especially for sensitive skin. This high performance, no tears formula is non-irritating to skin and eyes and is the most gentle of our cleansing surfactants. This concentrate can be mixed with two parts water to make a basic shampoo/body wash. When combined with conditioners and emollients such as GuarSilk or Cromollient SCE and nutrients such as dl panthenol, a luxurious and gentle shampoo or body wash is the result.

I have put together a formula that can be used as a baby wash or shampoo. It is also suitable for sensitive skin. The same basic formula can be adjusted to increase foam, simply by increasing the amount of surfactant.

[Baby Blend Concentrate \(BBC\)™](#)

Gentle Oats Baby Wash

This tearless, non-irritating formula was created especially for delicate or sensitive skin and can be used as a body wash or shampoo. Hydrolyzed Oats and VenaSilk will soothe, soften and condition, while exceptionally mild BBC gently cleanses. Cromollient SCE (Surfactant Compatible Emollient) will add light emolliency without compromising foam or clarity.

Click here to view the formula:

[Gentle Oats Baby Wash](#)

Optiphen™

New paraben-free and formaldehyde-free preservative for personal care products from ISP! Optiphen is a unique liquid preservative formulation which consists of phenoxyethanol and an emollient base. The combination of these ingredients provides optimized protection against microbial growth from bacteria and yeast while giving the finished product exceptional feel. It can be used alone and functions synergistically with other preservatives. Optiphen™ is applicable for use in a variety of personal care preparations such as aqueous and anhydrous systems as well as emulsions.

[Optiphen™](#)

Creamy Virgin Coconut Balm

Our almost decadent Creamy Virgin Coconut Balm offers supreme emolliency and conditioning to skin in a multifunctional product!

Extra Virgin Coconut Oil 25%
Olive Butter 28%
Aloe Butter 11%
BTMS-Conditioning Emulsifier 10%
Shea Butter 12%
Olive Squalane 2.25%
Rice Bran Wax 5%
Cetyl Alcohol 5%
Mixed tocopherols (Coviox T- 50) 1%
Optiphen™ 0.75%

Total: 100%

Combine Rice Bran Wax, BTMS-Conditioning Emulsifier, Olive Squalane. Heat until melted. Add remainder of ingredients, except for Optiphen, heat until just melted. Remove from heat, continue to stir until mixture begins to cool. Add Optiphen (and any fragrance or essential oil) at approximately 130F, incorporate into mix and pour into packaging. Allow cooling process to continue until mix is firm.

This formula will leave skin feeling velvety smooth. The Herbarie Extra Virgin Coconut Oil smells good enough to eat! The finished product is quite firm and lends itself to several different applications:

* Conditioning Balm - wonderful for dry skin that needs extra care! The consistency of this product is firm enough to be packaged as a “butter bar”. The product can also be packaged in a jar as a balm or salve.

* Emollient, Exfoliating Scrub Base - Add Olive Oil PEG 7 and “scrubbies” such as salt, sugar or jojoba spheres to make a creamy scrub that leaves skin silky smooth.

We are featuring Optiphen™ in this formula! Optiphen™ is a new preservative from ISP that can be used in a variety of personal care applications. It is a good choice for anhydrous systems and will provide additional emolliency.

To modify this formula, here are some other possibilities:

* To make a product that has a “jelly” like consistency, either eliminate or decrease the amount of rice bran wax.

* To make an emollient, exfoliating scrub, add 1%-3% Olive Oil PEG 7 Esters to the formula. Add “scrubbies” of some sort – salt, sugar, jojoba spheres, etc.

* To make a deodorant bar, add less than one percent total of essential oils of choice.

Extra Virgin Coconut Oil is one of my current favorites! For anyone who likes the smell of fresh coconut, this one is a must! The product is a solid at room temperature, but will melt as soon as it comes in contact with skin. It can be used in creams, lotions, balms, hair conditioners or alone.

Some of the latest research on hair care demonstrates the benefits of using coconut oil over other oils. One study looked at the effect of mineral oil, sunflower oil and coconut oil in the prevention of hair damage. Among all three oils, coconut oil was the only one found to reduce the protein loss for both undamaged and damaged hair.

Extra Virgin Coconut Oil is very useful and is a delightfully decadant product to simply enjoy!

[Extra Virgin Coconut Oil](#)

Coming Soon!

Please stay tuned for new products within the next few weeks!

Sodium Stearoyl Lactylate - New emollient and co-emulsifier for creams, lotions, shampoos, conditioners and more!

New Butters!

New Oils!

New Bases!

New Solubilizer!

We hope you have enjoyed this issue of The Herbarie Update! We welcome any comments or suggestions.

Good wishes to you this Fall!

Angie Turner

The Herbarie Update is designed for those who would like to receive occasional information about special sales, new products, new formulas, etc. If you do not wish to receive the newsletter, simply click on reply, type 'unsubscribe' in the subject area, and send. You will then be automatically removed from The Herbarie mailing list.

The Herbarie provides information that has been gathered from a variety of sources, including our own personal experience, current research and technical data. We strive to be accurate in our descriptions, but encourage clients to use this information as a starting point to begin your own research. The Herbarie is not liable for misuse of our products or information.

Phone: 803.364.9979
Fax: 803.364.9974
Web site: <http://www.theherbarie.com>
E-mail: support@theherbarie.com

The Herbarie at Stoney Hill Farm, Inc.
Prosperity, South Carolina 29127